

Typical Amino Acid Profile per 100 grams of protein

Essential Amino Acids	Non-Essential Amino Acids
L-Leucine 10000mg	L-Arginine 2400mg
L-Isoleucine 5600mg	L-Aspartic Acid 18000mg
L-Valine 5600mg	L-Cysteine 2600mg
L-Lysine 9300mg	L-Alanine 4900mg
L-Threonine 6400mg	L-Glutamic Acid 17500mg
L-Methionine 2700mg	L-Glycine 1700mg
L-Phenylalanine 3200mg	L-Histidine 1700mg
L-Tryptophan 2000mg	L-Proline 5800mg
L-Phenylalanine 3200mg	L-Serine 4700mg
	L-Tyrosine 2900mg

Directions

Add 1 scoop to 8-10 ounces of water, milk or juice. Shake for 25-30 seconds. Take 1-3 servings daily. Drink immediately.

Store SYG ISO WHEY PROTEIN in a dry, cool place.

SYG ISO WHEY PROTEIN is the perfect blend of whey protein isolates and whey protein concentrates.

SYG ISO WHEY PROTEIN contains very high levels of glutamine and branched chain amino acids.

SYG ISO WHEY PROTEIN is the perfect nutrition for champions:

- » LOW FAT
- » LOW SUGAR
- » LOW CARB
- » LOW LACTOSE
- » DELICIOUS TASTE
- » MIXES INSTANTLY

SYG ISO WHEY PROTEIN offers large portions of high quality protein, without the added fat, sugars or carbohydrates.



SYG ISO



WHEY PROTEIN

NET. WT. 5 LBS (2268g)

... THE AMERICAN WAY

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Nutrition Facts

Serving Size: 1 Scoop (40g)
 Amount Per Serving
 Total Calories 153

	% Daily Value*
Total Fat 2g	3%
Saturated Fat 1g	4%
Trans Fat 0g	1%
Carbohydrates 3.2g	61%
Protein 30.7g	

*Percent Daily Values are based on a diet of 2,000 calories a day!

Ingredients

Protein blend (Whey Protein Concentrate, Whey Protein Isolate), cocoa, natural and artificial flavors, Acesulfame K, sodium-cyclamate, sodium-saccharine, soy/lecithine, lactase

contains milk and soy



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