

SYGLABSTM
NUTRITION

Directions

Mix 1 scoop (40g) **NO SYG PUMP** into 16 oz of water.

ASSESS TOLERANCE: Initially mix 1/2 scoop with 8 oz of water. Wait 30 minutes to assess your tolerance. If appropriate consume another 1/2 scoop.

PRE WORKOUT: Take 1 serving **NO SYG PUMP** 30 minutes before your workout.

To avoid sleeplessness, do not take within four hours of bedtime.

WARNING: **NO SYG PUMP** IS AN EXTREME ENERGY IGNITER. DO NOT USE IF YOU ARE UNDER THE AGE OF 18 OR ELDERLY. DO NOT TAKE WITH ANY OTHER STIMULANT OR WEIGHT-LOSS SUPPLEMENT OR ANY PRESCRIPTION OR OVER THE COUNTER MEDICINE. DO NOT EXCEED 2 SERVINGS IN A 12 HOUR PERIOD.

NO SYG PUMP - the ultimate power pre-workout formula with explosive power:

- » 4,500mg CREATINE BLEND
- » 4,000mg ARGININE BLEND
- » 1,000mg GLUTAMINE
- » 200mg CAFFEINE



NO SYG
NITRIC OXIDE
»XTREME«
PUMP



NET WT. 2.65 LBS (1200g)

BLACKBERRY DREAM FLAVOR

Nutrition Facts

Serving Size: 1 Scoop (~40g)
Serving Per Container: ~30
Amount Per Serving
Total Calories 146

	% Daily Value*
Total Carbohydrates 24.4g	6%
SYG Creatine Blend 4,500mg	
3H-Creatine Maleate Creatine HClG Creatine Ethylester	
SYG Arginine Blend 4,000mg	
Arginine-HCl, Arginine AKG, Arginine Puro Guaninate	
SYG Glutamine Blend 1,000mg	
Glutamine, Glutamine AKG	
Taurine 1,500mg	
Betaine hydrochloride 1,000mg	
Calcitane 200mg	

*Percent Daily Values are based on a 2,000 calorie diet.
† Daily Values not established.

Other Ingredients

Maltodextrin, Glucuronolactone, L-Citrulline, Citrulline Malate, MCT Fat Powder, Natural and Artificial Flavors, L-Tyrosine, N-Acetyl Cysteine, L-Phenylalanine, Vanillin, Nicotinic Acid/niacin, Pyridoxin HCl, Folic Acid, Sucralose

Processed in a facility that produces milk ingredients. may contain soy.

DISTRIBUTED BY:
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